



Sicilian Sisters Travel

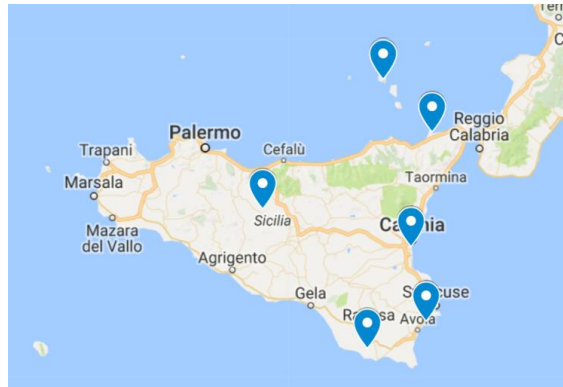
Exquisite dream journeys to Sicily & Italy

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Bio Sicily Tour

<u>Number of pax:</u>	6-14	
<u>Dates (7 Days):</u>	June 4 - 10, 2018	Sign-up by April 20, 2018
	September 5 - 11, 2018	Sign-up by July 20, 2018



Price per person based upon double occupancy for the land portion of this journey. *Note all prices listed below exclude international airfare. If no yoga, deduct \$100 per pax:*

Up to 6 pax	\$4,000 per pax + 260 Euros per pax/city tax and tips
7-10 pax	\$3,800 per pax + 260 Euros per pax/city tax and tips
11-14 pax	\$3,700 per pax + 260 Euros per pax/city tax and tips
Single Room Supplement	\$300

You must arrive in Sicily on June 4 and September 5 – that’s when the tour begins!

Day 1 - Organic dinner & wine tasting - PT/WT/D/H

Buongiorno e Benvenuti/Welcome to la Bellissima Sicilia! Arrive at Palermo International Airport and transfer to one of our most favorite Sicilian Aristocratic Wine and Country Resort. Situated in the heart of the Madonie Mountains, we believe this to be the best location to begin this peculiar and memorable journey through some of Sicily’s most renowned organic products. It is a special retreat of tranquility and serendipity where we will soothe our senses and palates and nourish our bodies in “slow Sicilian style.” Depending where you are coming from, these first two days will also give you the chance to unwind from your hectic lifestyle and enjoy the slow waltzed rhythms of the Sicilian countryside, its colors and scents. Settle in and rest. In the afternoon, we will enjoy a wine tasting, visit of the *cantine* and welcome dinner together. We will then enjoy an unforgettable “farm-to-table” dinner all made with organic produce and ancient traditional recipes. Overnight.

Day 2 - Farm-to-Table Cooking Class and Bio-Lunch, Olive Oil and Cheese Tasting, Pizza Making Class with Ancient Sicilian Flours - B/Cooking Class/L/WT/Pizza/D/H

This will be your first morning rising in Sicily. *Buongiorno!* Breakfast at your own pace and some relaxation time. You may enjoy a walk through the vegetable garden, or bike-riding through the vineyards, a visit to the family chapel or simply following your body’s rhythms this morning. At 11.00am we will begin a fun cooking class and once again a fully organic lunch. You will learn all about farm to table techniques as well as a few traditional Sicilian recipes for savory and sweet dishes. The entire experience will last 4-5 hours. At this point, you have a few hours to yourself. In the evening, we will learn how to make pizza with ancient Sicilian flours. We will enjoy a dinner with a variety of traditional as well as alternative pizzas and overnight again in this gorgeous wine country estate.

Day 3 - Aeolian Islands, Sunset Yoga, Malvasia Wine Tasting and Vegetarian Dinner - B/PT/Ferry Tktk/PT/WT/Yoga/D/H

Breakfast at our estate and transfer to the Port of Milazzo (2.5 hr drive) where we will take a ferry to the breathtaking Aeolian Islands. Upon arrival, we will transition to our stunning Aeolian villa-hotel. Check in and settle. You will have a few hours to yourself. Then, we will enjoy sunset yoga, change and enjoy a Malvasia wine tasting and Aeolian-based vegetarian dinner together.

Day 4 – Slow Lifestyle on the Aeolian Islands & Marine Preservation Society, Yoga - B/G/ET/PD/G/ET/L/Yoga/H

Today, you will rise in the breathtaking Aeolian Islands. Seven volcanoes no longer erupting. We believe these sister islands to be truly a gift and a feast for the eye. We are happy to share their raw natural beauty and magic with you. Breakfast at our villa/resort. We will be met by our guide and private driver at 10.00am and enjoy a drive, mixed with walks around the island. You will learn about the natural wonders, slow paced lifestyle of the Aeolian Islands this morning as well as a special meeting with the Marine Preservation Society. We will enjoy another exquisite Aeolian meal for lunch. You will have a few hours to yourself in the afternoon, then join us for sunset yoga. Free evening and dinner.

Day 5 – Bio-wellness services (massages, facials, etc. with Sicilian natural scents) and bio-lunch, Yoga - B/PT/Ferry/PT/Villa/L/Tstg/Yoga/PT

Breakfast at hotel and transfer to port of Milazzo – where we will meet our private driver for transfer to an exquisite off the beaten path Sicilian Aristocratic Estate (2.5 hr drive). Check in and settle. We have arranged for an incredible tasting of organic/bio products and dishes for lunch. Afternoon at leisure at the villa to rest, wonder through the property, read, relax. For those interested, we can arrange for bio wellness services (massages, facials, manicure, pedicure with unique Sicilian oils/scents). This will be a truly restorative experience. Sunset yoga. In the evening, we will accompany those interested to Baroque Ortigia so that you may enjoy some shopping and dinner on your own. Ortigia is a tranquil and ancient Baroque island where you will be energized by its antique stones and closeness to the Mediterranean Sea. We will return to the villa for overnight.

Day 6 – Visit to a one of a kind Sicilian Greenhouse for a sensorial and educational path with more than 200 Sicilian spices. Bio-picnic. Farewell dinner – B/PD/L/G/ET/G/D/Villa

Breakfast at the villa. Then we will head to the town of Scicli for a walking tour of this special Baroque jewel town. In recent years, its charm has grown exponentially and attracted tourists worldwide. Many British, Germans, Dutch have purchased homes and moved here for its slow paced lifestyle and serenity. We are happy to visit this special small town with you. Then we will continue to a one of kind greenhouse owned by our dear friends for a sensorial walking tour through more than 200 Sicilian spices. You will learn about medicinal herbs, cooking spices, natural remedies, beauty routines all made with herbs. Here, we will also enjoy a truly special, organic Sicilian picnic. Return to the villa by late afternoon. Prepare luggage for international flights and come to the dining room for a farewell

gathering. We hope you enjoyed this uniquely crafted BioSicily Tour through some of our favorite destinations on our island.

Day 7 – Departure – B/PT

Breakfast at hotel and transfer to Catania International Airport for overseas flights. *Arrivederci, Bellissima Bio-Sicily!*

CODES:

B-Breakfast	G-Guides	TRTK-Train Tickets
Cooking Class	H-Hotel	TSTG-Tasting
D-Dinner	L-Lunch	Villa
ET-Entrance Tickets	PD-Private Driver	WT-Wine Tasting
Ferry RT-Ferry Round Trip	Pizza	Yoga
Ferry TK-Ferry Tickets	PT-Private Transfers	

WHAT YOUR ITINERARY INCLUDES:

- 6 nights in hotels
- 6 breakfasts
- 4 private bilingual certified guides
- 3 entrance tickets per person, skip the line
- 1 private driver for entire journey
- 2 ferry rides
- 4 lunches per person
- 4 dinners per person
- 3 wine tastings
- 1 cooking class
- 1 pizza workshop
- 3 yoga classes
- 1 tasting
- 24/7 group leader

STEPS TO FOLLOW TO SIGN-UP TO THE TOUR:

- I. **Your Contact Information** - We will gather your personal information. We need your name as it appears on your passport, date of birth, address, phone number, email address, and some other basic information – we will send you a digital form to complete.
- II. **Deposit** – 30% Deposit of the total price per person is required. This will be applied towards your final cost and will set us in motion to secure your reservations. The deposit can be made via PayPal or bankwire. Evidence of payment or attempted payment will be required. When all reservations are confirmed, we will send you a list of your hotels.
- III. **Final Payment and International Contract** – The balance of the purchase price will be required to be paid by the date furnished on your final invoice. Kindly keep in mind that your services are prepaid before departure. We also require that all travelers sign our company terms and agreement contract (if under 18 years old, parent/guardian's signature will suffice). This must be signed within one week of receiving it. In order to receive your final packet, final payment as well as a signed contract must be received by Sicilian Sisters Travel.
- IV. **Insurance** - We highly recommend that you purchase adequate travel insurance, including health and accident insurance if you wish. We highly recommend Travel Guard International www.travelguard.com
- V. **Final Packet** – Approximately 1 month before departure, if you wish, we will meet/Skype with you to review the details of your itinerary. Know that we are always available to answer any questions. You will receive a final packet which contains the following: your final expanded itinerary, a letter containing detailed travel tips and Francesca and Giovanna's personal contact information, packing suggestions, cell phone tips, etc.
- VI. **Concierge Service** – While you are abroad with us, our 24 hour concierge service will be available to you.
- VII. **Testimonial** - Upon your return from your trip, we kindly ask that you provide a testimonial. We value your opinion, it helps us grow and perfect our services. We would love to receive feedback about your special journey!

Grazie, we are so happy to share with you *la Bellissima Sicilia* with all of you!

Francesca & Giovanna